

**GHS 2nd Annual Team Football Camp
2015 Football Season
August 16 – August 19**

All 2015 Grizzly football players are expected to attend

Football Player & Parents:

It is with great excitement that we announce the football program will be attending a camp as part of their training. This is a great opportunity for the boys and we are thrilled to have a coaching staff that will put in this kind of time for our boys.

This year the camp will be held at Camp Robin Hood in Freedom NH. Goffstown will be joined by the Milford and Londonderry Football Programs.

Camp cost is \$120 per player.

In an effort to expedite the departure of players leaving for camp on Sunday, August 16, the Booster club requires that all necessary paperwork and camp payment be submitted prior to departure. The required paperwork includes GHS football registration, which requires updated physical form.

To register for camp, simply fill out the form below and mail it with payment. This must be returned to the Booster club no later than Wednesday, August 10th.

Return the form and payment in an envelope with your player's name written on the front.
This form along with payment can be mailed to:

- Grizzly Gridiron Club, PO Box 95, Goffstown, NH 03045

Player Name: _____

Parent Name: _____

Payment Amount: \$ _____ Check# _____

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What to Bring to Camp Checklist

- Helmet, Chinstrap, Shoulder Pads, Girdle
- Girdle Pads, Thigh and Knee Pads, Practice Pants and Shirt
- Belt and Mouth Guard
- Cleats: Two pairs if you have them
- Athletic Support and Cup
- Sneakers
- Shower Shoes/Sandals
- Socks – Suggest 10 pair (at least 2 pair per day) Send the miss mates and have boys throw away
- Change of clothes for Practice (4 Days) – If you have extra practice pants or girdle bring them
- 2 pairs of sweatpants
- 2 Sweatshirts
- 4 pairs of Athletic Shorts (not dress shorts)
- 8 T-shirts
- 8 Pairs of underwear
- Swimsuit
- Bed Linens, Sleeping bag, Pillow, Blanket, etc.
- 2 -3 Towels
- Soap, Shampoo, Deodorants and Other Hygiene Items
- Magazines and or cards
- Laundry Bag or Plastic bag for Dirty Clothes
- Some snacks are okay but don't overdo it
- Talcum Powder/Gold Bond

It might not hurt to mark your player's personal belongings with their initials to avoid any mix-up when they are packing up to come home.

This camp is to help the team bond as well as to condition them for the season. Electronic Devices are not allowed. This includes but not limited to Cell Phones, iPods and tablets. Coach Hufft will have his phone if anyone needs to get in touch with their player.